

Waiver and Release

Friends of Concord Carlisle Wrestling, Inc. (FOCCW)
Concord Carlisle Regional High School (CCHS)

Wrestling is a vigorous sport involving cardiovascular stress and physical contact. Wrestling involves substantial risk of bodily injury, including injuries to bones, joints, muscles, internal organs and the brain. Such injuries can result in cuts, bruises, sprains, broken bones, torn ligaments, concussion, traumatic brain injury, partial or complete paralysis or even death. FOCCW and CCHS provide equipment designed to minimize injuries but it may not be adequate to prevent all injuries. Participation in FOCCW activities may include incidental activities such as travel to and from the site of the activity. Such sites may be remote from available medical assistance. Participants may also be exposed to reckless conduct by other participants over whom neither FOCCW nor CCHS has any control.

By signing below, you agree that:

1. For purposes of this waiver, FOCCW and CCHS shall include their officers, directors, employees, coaches and volunteers. "You" or "your child" shall include anyone acting on their behalf, including their estate, personal representative, heirs or assigns.
2. You are at least 18 years old. If you are not the participant, then you are the parent or legal guardian of the participant (your child).
3. You (or your child) are voluntarily participating in FOCCW activities with knowledge of the danger involved and you accept any risk of property damage, personal injury or death.
4. You release FOCCW and CCHS from all present and future claims for property damage, personal injury or death while participating in FOCCW activities and which are the result of ordinary negligence. You agree not to sue FOCCW or CCHS for such claims.
5. You indemnify FOCCW and CCHS against any claims resulting from your participation in FOCCW activities.
6. This waiver is intended to be as broad and inclusive as permitted by the laws of Massachusetts. If any portion is held invalid, the remainder of the waiver will continue in full legal force and effect.
7. The venue for any legal proceedings regarding your (or your child's) participation in FOCCW activities shall be in Middlesex County, Massachusetts. Any other venue is inconvenient.
8. FOCCW may film or photograph you (or your child) during FOCCW activities in order to promote FOCCW.

Printed Name of Participant

Printed Name of Parent/Guardian
(if participant < 18)

Date

Signature of Parent/Guardian
or participant if > 18 years old